Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Sunday 08 May 2022 until 23:59 on Monday 09 May 2022

Forecast Issued on Sunday 08 May 2022 at 03:20 by Met Office Aberdeen

Confidence: Remaining settled on Sunday but some wet and windy weather for later on Monday, timing of the rainfall on Monday is a little uncertain, becoming quite windy over the mid week period as well as showery from Tuesday. Medium confidence for it turning colder from the middle of the week too.

Headline for Sunday 08 May 2022: Settled with some dry and bright conditions. Winds strengthening later.

Mountain weather hazards on Sunday 08 May 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Sunny intervals	Sunny intervals	Sunny intervals	Cloudy	Cloudy
Precipitation probability					
10%	<05%	<05%	<05%	20%	20%

Forecast for Sunday 08 May 2022

Weather: Some early mist or even fog patches are possible but these will clear in the morning to leave a dry day with some bright or sunny spells. Perhaps more cloud building later in the day from the west and winds strengthening as a frontal system pushes into western Scotland. Remaining dry and cloudy through the evening.

Chance of cloud-free hill tops above 800m: 80% increasing to nearly 100%, some patchy low cloud at the start of the day.

Low Cloud and visibility: Patchy cloud above 700m is possible at the start of the day, just shrouding hill tops initially. This will clear to leave cloud bases much higher for the rest for the day with good visibility which may turn a little hazy at times.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Sunday 08 May 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	26/32 SE	27/35 S	23/31 S	25/33 S	26/34 S	27/36 S	33/43 S
900	17/22 S	19/25 S	18/26 S	20/28 S	21/28 S	19/27 S	20/29 S
600	19/23 S	23/30 S	22/29 S	22/29 S	24/31 S	23/31 S	27/35 S
300	9/14 SE	14/21 S	15/23 S	13/21 S	14/23 S	12/21 S	10/16 S
Glen	2/5 S	9/19 S	12/23 S	11/20 SW	10/21 S	8/17 S	8/17 S

Height (m)	Temperature / Feels Like (°C)						
1300	3/-3	3/-4	4/-2	6/0	5/-1	4/-1	4/-2
900	5/0	6/2	8/4	10/6	8/4	6/2	6/2
600	10/6	9/5	11/7	12/8	11/7	11/7	10/6
300	10/8	12/9	13/10	14/12	14/11	12/10	11/10
Glen	11/11	14/12	16/14	16/14	16/14	13/11	13/11
Freezing Level*	1700m	1800m	1800m	1900m	1900m	2000m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Overall a good outlook for walking for all ranges, breezier on the tops later in the day and still feeling a little cool around dawn and dusk.

Forecast for Monday 09 May 2022

Weather: Mainly dry and cloudy overnight but light rain spreading across Lochaber ranges by breakfast time, the rain will spread southeast during the morning. Rain will be most persistent in the west and for Lochaber, Glencoe and the Argyll ranges and accompanied by strong winds it will be quite an unpleasant afternoon here, perhaps some shleter at times for the Troassachs. Rain is expected to turn more showery by the evening with the possibility of a rumble of thunder with eastern ranges becoming drier.

Maximum wind: Southerly 30-35 gust 40-45mph becoming southwesterly in the afternoon.

Chance of cloud-free hill tops above 800m: 30-60%, in the west 30% more low cloud building around western ranges,

Low Cloud and visibility: Broken low cloud above 4-500m for western ranges but becoming more scattered or patchy in the east and lifting to 600m and above. Visibility will be moderate or poor in rain in the west but will be good at times further east

Temperature: **Glens:** Plus 8 rising to 12 Celsius.
At 800m: Plus 4 Celsius
Freezing level: Above all summits.

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